

Emotional Intelligence

leading and managing with emotional intelligence

what it's all about *(program overview)*

Yellow Edge offers several Emotional Intelligence (EI) themed coaching programs and a range of EI skills development workshops for individuals and teams. Our EI coaching programs and workshops are built around the GENOS Emotional Intelligence Assessment Scale, developed in Australia as the first framework for measuring emotionally intelligent behaviours in the workplace. By focussing on workplace behaviours, individuals and teams will better understand how to change behaviour to improve working relationships and organisational effectiveness.

Our **individual EI coaching programs** begin with a de-brief of the individual's GENOS EI 360 feedback results. The insights gained form a strong foundation for enhancing their strengths, highlighting any blind spots and identifying productive areas for development. Over a three to six month period, the GENOS-accredited coach will support the individual in developing and implementing a strategy to better use their emotional intelligence to improve their leadership and management effectiveness. Results from a second EI 360 at the end of the coaching period will provide a tangible measure of the individual's progress.

Yellow Edge also offers a range of GENOS based workshops including:

- Two day **Leading with Emotional Intelligence Program** designed for middle to senior level managers; and
- A one day **Emotionally Intelligent Leader Program** which brings together the 'thinking and feeling' aspects of EI by drawing on a whole brain thinking model.

These programs incorporate individual role analysis to ground EI development in the context of the participants role and organisation. Yellow Edge also offers a series of half day workshops covering **Emotional Intelligence for Frontline Managers and Building Resilience**, which focus on developing EI to strengthen wellbeing and help individuals flourish during uncertain times.

what's involved *(program summary)*

- Six Individual EI executive coaching sessions;
- GENOS EI 360 feedback; and
- A range of team workshops available.

Emotional Intelligence

leading and managing with emotional intelligence

the end result

(expected outcomes)

By the end of the individual coaching program or team workshops, individuals will:

- Be able to understand the concept of EI and its workplace application;
- Have improved personal awareness and insights into their own behaviour; and
- Be better equipped to use EI to boost leadership effectiveness.

who the program is designed for

(target audience)

The EI programs are designed for those who:

- Are striving to improve their understanding of EI and its application in the workplace.

related pathways

(how it connects)

Yellow Edge's EI individual coaching program and team workshops align well with our other evidence-based coaching programs and workshops.

your investment

(program cost)

- Individual EI program is \$3,400 ex GST per person.
- EI Workshop pricing available on application.



Level 2,
9 Sydney Avenue
Barton ACT 2600

PO Box 4190
Kingston ACT 2604

T 02 6273 0168
F 02 6273 0246

yellowedge.com.au
yellowedge.com.au/alic